

APRIL 2019 AM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p>APRIL is... AUTISM AWARENESS CHILD ABUSE PREVENTION KEEP AMERICA BEAUTIFUL NATIONAL PET MONTH</p>	<p>8:00 Breakfast 10:00 YOGA W TAO SHOPRITE (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 The Price is Right *** APRIL FOOL'S DAY ***</p>	<p>8:00 Breakfast 9:30 Exercise w/Flavia's Niece 10:00 SHOPRITE TJ MAXX (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Name that Tune</p>	<p>8:00 Breakfast 9:00 Movie Work Out 10:00 WALMART HMART (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Guess Who *** WORLD FUN DAY ***</p>	<p>8:00 Breakfast 9:00 Exercise with Plates 10:00 LYNDURST MINIMALL FARMER'S MARKET (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Card Bingo NATIONAL BURRITO DAY</p>	<p>*** BIG PRIZE BINGO *** 8:00 Breakfast 9:00 Breathing Exercises 10:00 WALMART (Ko) 10:45 *** BIG PRIZE BINGO *** 11:30 Lunch 12:15 Raffles</p>	<p>Belleville Senior Services 518 Washington Avenue Belleville, NJ 07109 973-751-6000</p>
7	8	9	10	11	12	13
	<p>8:00 Breakfast 10:00 YOGA W TAO SHOPRITE (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Bingo</p>	<p>8:00 Breakfast 9:00 Exercise w/Flavia's Niece 10:00 FARMER'S MARKET NATIONAL LIQUIDATORS (Ko) INDIAN TEMPLE (In) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Name that Tune</p>	<p>8:00 Breakfast 9:00 Exercise with Plates 10:00 WALMART HMART (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Card Bingo</p>	<p>8:00 Breakfast 10:00 CHAIR ZUMBA 10:00 BOWLING FARMER'S MARKET (Ko) EAST-WEST MKT.(Fi) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Guess Who!!</p>	<p>*** TEAM FEUD *** 8:00 Breakfast 9:00 Exercise w/Flavia's Niece 10 KOREAN RESTURANT (Ko) 10:45 *** TEAM FEUD *** 11:30 Lunch 12:15 Raffles GRILLED CHEESE DAY</p>	<p>Special In-House Activity Main Trip Korean Program/Trip (Ko) Indian Program/Trip (In) Filipino Program/Trip Haitian Program/ Trip (Ha)</p>
14	15	16	17	18	19	20
	<p>8:00 Breakfast 10:00 CHAIR BOOT CAMP SHOPRITE (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Bingo *** PATRIOT'S DAY ***</p>	<p>8:00 Breakfast 9:00 Morning Stretch 10:00 STOP & SHOP/MARSHALLS MARSHALL'S (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Jeopardy</p>	<p>8:00 Breakfast 9:00 Exercise with Plates 10:00ACMOORE/DOLLARTREE HMART (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Card Bingo</p>	<p>8:00 Breakfast 10:00 CHAIR ZUMBA 10:00 KOHLS / DOLLAR TREE FARMER'S MARKET (Ko) INDIAN BUFFET (In) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Card Bingo</p>	<p>*** TEAM PUZZLE DAY *** 8:00 Breakfast 9:00 Weight Exercise 10:00 WALMART (Ko) 10:30 *** TEAM PUZZLE *** 11:30 Lunch 12:15 Grand Bingo *** GOOD FRIDAY***</p>	
21	22	23	24	25	26	27
	<p>8:00 Breakfast 10:00 CHAIR BOOT CAMP SHOPRITE (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Bingo *** EARTH DAY ***</p>	<p>8:00 Breakfast 9:00 Exercise w/Flavia's Niece 10:00 BELL FARM / KAMRT TJ MAXX (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Name that Tune</p>	<p>8:00 Breakfast 9:00 Music Exercise 10:00 BURLINGTON HMART (Ko) INDIAN BUFFET (In) 10:15 Arts & Crafts & Games 11:30 Lunch/12:15 Table Games Secretary's Day</p>	<p>8:00 Breakfast 9:00 Alphabet Exercise 10:00 BOWLING FARMER'S MARKET (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Slingo</p>	<p>*** MONTHLY RAFFLE *** 8:30 Breakfast 9:00 Exercise w/Flavia's Niece WALMART (Ko) 10:15 Arts & Crafts & Games 10:30 *** MONTHLY RAFFLE ** 11:30 Lunch 12:00 Name that Tune NAT'L JELLY BEAN DAY</p>	
28	29	30				
<p>April got its name, but it may have come from the Latin word 'aperire' which means 'to open'</p>	<p>***BIRTHDAY CELEBRATION *** 8:00 Breakfast 9:00 YOGA W TAO SHOPRITE (Ko) 10:15 Arts & Crafts & Games 12:15 BIRTHDAY PARTY 11:30 Lunch 12:15 Bingo</p>	<p>8:00 Breakfast 10:00 CHAIR ZUMBA 10:00 PUEBLO MARKET TJ MAXX (Ko) 10:15 Arts & Crafts & Games 11:30 Lunch 12:15 Name that Tune</p>	<p>1st April Fool's Day 2nd Peanut Butter & Jelly 3rd World Party Day 7th Int'l Beaver Day 7th National Beer Day 10th National Sibling 11th National Pet Day</p>	<p>18th National D.A.R.E. 20th National Pot Day 21st Easter 22nd Earth Day 22nd National Jelly Bean 23rd English Muffin Day 23rd Movie Theater</p>	<p>Birthstone: Diamond Flower: Daisy Astrological Signs: Aries: March 21 - April 20 Taurus: April 20 - May 19</p>	<p>Trips and Outdoor Activities may be cancelled due weather Activities and Participation are subject to change and discretion of the Administration</p>

APRIL, IS INVITE A FRIEND MONTH
 ANY FRIEND OR FAMILY MEMBER WITH MEDICAID CAN COME WITH YOU TO PARTICIPATE IN ALL OF OUR DAILY PROGRAMING AND EVENTS

DAILY ACTIVITIES
 Beauty Salon, Exercise, Table Games, Trivia, Music, Yoga, Arts & Crafts, Trips, Laundry, TV / Movies, Grand Bingo

OUR CENTER PROVIDES TWO SHIFTS OF SERVICES FOR YOUR CONVINIENCE
 7:30 AM-12:30 PM 12:15 PM-6:00 PM

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<p>APRIL is.... AUTISM AWARENESS CHILD ABUSE PREVENTION KEEP AMERICA BEAUTIFUL NATIONAL PET MONTH</p>	<p>1:00 Snack 2:00 YOGA W TAO 2:30 GUYS&DOLLS POOL 3:30 Arts&Crafts&Games 4:45 Dinner 5:30 Jeopardy *** APRIL FOOL'S DAY ***</p>	<p>1:00 Snack 1:30 Exercise w Flavia's Niece 2:00 SHOPRITE 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Slingo</p>	<p>1:00 Snack 1:30 Exercise wFlavia's Niece 2:00 WALMART 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Bingo !! *** WORLD FUN DAY ***</p>	<p>1:00 Snack 1:30 Exercise w Plates 2:00 LYNDURST MINI-MALL 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Card Bingo NATIONAL BURRITO DAY</p>	<p>*** BIG PRIZE BINGO *** 1:00 Snack 1:30 Exercise wFlavia's Niece 2:45 *** BIG PRIZE BINGO *** 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Raffles</p>	<p>Belleville Senior Services 518 Washington Avenue Belleville, NJ 07109 973-751-6000</p>
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	<p>1:00 Snack 2:00 YOGA W TAO 2:30 GUYS&DOLLS POOL 3:30 Arts&Crafts&Games 4:45 Dinner 5:30 Jeopardy</p>	<p>1:00 Snack 1:30 Morning Stretch 2:00 FARMER'S MARKET 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Name that Tune</p>	<p>1:00 Snack 1:30 Exercise w Plates 2:00 MARSHALL'S 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Bingo !!</p>	<p>1:00 Snack 2:00 CHAIR ZUMBA 2:00 BOWLING 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Guess Who!!</p>	<p>*** TEAM FEUD *** 1:00 Snack 1:30 Exercise wFlavia's Niece 2:45 *** TEAM FEUD *** 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Raffles GRILLED CHEESE DAY</p>	<p>Special In-House Activity Main Trip Korean Program/Trip (Ko) Indian Program/Trip (In) Filipino Program/Trip Haitian Program/ Trip (Ha)</p>
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	<p>1:00 Snack 2:00 CHAIR BOOT CAMP 2:30 GUYS&DOLLS POOL 3:30 Arts&Crafts&Games 4:45 Dinner 5:30 Jeopardy *** PATRIOT'S DAY ***</p>	<p>1:00 Snack 1:30 Exercise wFlavia's Niece 2:00 STOP & SHOP / MARSHALLS 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Table Games</p>	<p>1:00 Snack 1:30 Afternoon Stretch 2:00 ACMOORE/DOLLARTREE 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Card Bingo</p>	<p>1:00 Snack 2:00 CHAIR ZUMBA 2:00 KOHLS / DOLLAR TREE 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Card Bingo</p>	<p>*** TEAM PUZZLE DAY *** 1:00 Snack 1:30 Exercise wFlavia's Niece 2:45 *** TEAM PUZZLE *** 3:30 Arts & Crafts & Games 4:45 Dinner 5:30 Bingo *** GOOD FRIDAY***</p>	
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